



श्री देव सुमन उत्तराखण्ड विश्वविद्यालय,
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Dated- 10-11-2025

ODD SEMESETER EXAM DATE SHEET 2025-2026

MA YOGA 1ST SEMESTER

DATE	DAY	PAPER NAME	PAPER	PAPER CODE	TIME
06.12.2025	Saturday	Fundamental of Yoga	1 ST	OD-273	08:30 AM – 11:00 AM
08.12.2025	Monday	Fundamentals text of Yoga	2 ND	OD-274	08:30 AM – 11:00 AM
10.12.2025	Wednesday	Principles of health Yoga	3 RD	OD-275	08:30 AM – 11:00 AM
12.12.2025	Friday	Anatomy, Physiology an Yogic practices	4 TH	OD-276	08:30 AM – 11:00 AM

MA YOGA 3RD SEMESTER

DATE	DAY	PAPER NAME	PAPER	PAPER CODE	TIME
06.12.2025	Saturday	Statistics Research Methodology in Yogic Science	1 ST	OD-277	02:30 PM – 05:00 PM
08.12.2025	Monday	Teaching Methodology in Yoga practice	2 ND	OD-278	02:30 PM – 05:00 PM
10.12.2025	Wednesday	Yoga and Allied Science- I	3 RD	OD-279	02:30 PM – 05:00 PM
12.12.2025	Friday	Tourism Resources of India	3 ^{RD A}	OD-280	02:30 PM – 05:00 PM
15.12.2025	Monday	Yoga and Personal management	4 TH	OD-281	02:30 PM – 05:00 PM
		Principles and History of Physical Education	4 ^{TH A}	OD-282	02:30 PM – 05:00 PM
17.12.2025	Wednesday	Fundamentals of Psychology	5 TH	OD-283	02:30 PM – 05:00 PM
		Health and Society	5 ^{TH A}	OD-284	02:30 PM – 05:00 PM

Dr. (Hemant Bisht)
Deputy Controller of Examination

Copy for Information and necessary action:

1. P.A. to V.C. For kind information of Hon'ble Vice Chancellor.
2. Editor Dainik Jagran, Amar Ujala, Dainik Hindustan, Rastriya Sahara, with request that the above Examination schedule Kindly Publicised in your prestigious News Paper free of coast in the interest of mass student community.
3. Registrar.
4. All Directors / Dean of the University Campuses, Principals/ Director of all affiliated Colleges/ Institutions.
5. Finance Controller
6. Controller of Examination.
7. Asst. Registrar (Admin/Finance)
8. Data Centre/Programmer of the University for uploading in the university official website
9. Office Copy.

Dr. (Hemant Bisht)
Deputy Controller of Examination